



# TELUNAS

— MASSAGE —



Massage Menu

The image shows two traditional thatched-roof pavilions, likely made of bamboo or similar natural materials, situated on a wooden platform over the ocean. The pavilions have a steep, conical roof and are supported by several wooden posts. Inside each pavilion, there are tables and chairs, suggesting a dining or relaxation area. The scene is set during sunset, with the sky transitioning from a deep orange near the horizon to a lighter, hazy yellow at the top. The water is calm, reflecting the warm colors of the sky. In the foreground, there are dark, silhouetted rocks and some green foliage, possibly mangroves, which frame the view of the pavilions and the sea. The overall atmosphere is serene and tropical.

# The Telunas Massage Experience

Connect to the beat of the ocean waves lapping beneath your traditional open-air massage pavillion and savor tropical breezes while you enjoy a massage treatment with spectacular views.

Enjoy an exclusive selection of pampered experiences that will delight your senses and renew your body, mind and soul. Our unique overwater massage treatments will create an elevated state of rejuvenation and relaxation. A visit to the Telunas Massage will transform your visit into a luxurious and personal escape.

Our professional staff is passionate about providing services that combine the spectacular beauty of the overwater setting with new levels of well-being.



Body Massage

## Telunas Massage - Restful Indulgence

*Our signature massage will help you transition to island life. Indulge in full body renewal to nourish you from head-to-toe. The massage focuses on long gliding strokes and your body's pressure points to provide relaxation and revived energy*

60 mins IDR 700,000 ++  
90 mins IDR 950,000 ++

## Balinese Massage - Local Flavor

*Treat yourself to a traditional Balinese-style massage. Inspired by ancient Balinese techniques, this deep tissue massage relieves body tension and promotes better sleep.*

60 mins IDR 700,000 ++  
90 mins IDR 950,000 ++

## Fusion Massage - Cuisine For The Soul

*Indulge in a fusion massage that blends Thai and Swedish massage techniques together to soothe aches and stiffness. Also may improve flexibility.*

60 mins IDR 700,000 ++  
90 mins IDR 950,000 ++

## Aromatherapy Massage - Natural Soothing

*A body massage with select natural oils. Helpful for rejuvenating the skin, relieving tension and stress, clearing the mind, and aiding blood circulation.*

60 mins IDR 700,000 ++  
90 mins IDR 950,000 ++



Light Treatments

## Salt Body Scrub

*A skin treatment that a mixture containing salt is gently massaged onto the skin to exfoliate and cleanse, leaving the skin feeling smooth, refreshed, and rejuvenated.*

*30 mins IDR 400,000 ++*

## Milk Body Mask

*involves applying a mask made with milk to the body, harnessing the hydrating and nourishing properties of milk's lactic acid, vitamins, and proteins to promote soft, moisturized, and radiant skin.*

*30 mins IDR 500,000 ++*

## Back Energy – Iron Out Tense Muscles

*Our expert therapists ease your back tensions with a soothing massage with this medium to strong pressure massage.*

*30 mins IDR 430,000 ++*

## Foot Loose – Sole to Soul

*Indulge yourself with this massage technique which focuses on pressure points in the feet. Provides relief and improves general health by relieving tension in important pressure points.*

*30 mins IDR 400,000 ++  
60 mins IDR 600,000 ++*



# Facial Treatments

## Simple Beauty - Skin Restoration

*A specially designed deep cleansing, balancing, and purifying facial. Your therapist will gently massage your face utilizing honey, known for its natural health properties. Afterwards, a milk mask is applied to moisten the skin.*

*60 mins IDR 750,000 ++*

## Clear Headed

*Clear and focus your mind to quiet your stress and align with your best self. Relax and remove fatigue caused by mental stress.*

*30 mins IDR 450,000 ++*





Special Treatments

## Mother-To-Be Massage

*Enjoy a healthy way to reduce stress and promote overall wellness. This massage is especially designed to relax tense muscles, ease sore spots, and improve circulation and mobility in expectant mothers. **For women beyond the first trimester of pregnancy and up to seven months only.***

60 mins IDR 750,000 ++

## Children's Massage (5 -15 years old)

*Children's massage is only available by advanced booking and is provided exclusively in the guest villas. Parent or guardian consent is needed for any minor to receive massage services.*

30 mins IDR 300,000 ++

60 mins IDR 500,000 ++

We encourage you to book early as all services are subject to availability.

