



TELUNAS

— S P A —

BODY MESSAGES

Telunas Massage – Restful Indulgence

Our signature massage to help guests transition to island life. Focusing on gentle long strokes and your body's pressure points to provide relaxation and renewed energy.

Balinese Massage– Classic Flavour

Adapted from ancient Balinese techniques. This deep tissue massages relieve body tension and promote better sleeping patterns.

Fusion Massage – Cuisine For The Soul

Blending Thai and Swedish massage techniques to soothe all aches. Unblocks stiffness and enhances flexibility.

Aromatherapy Massage – Natural Soothing

A body massage with select natural oils. Helpful for rejuvenating the skin, relieving tension and stress, clearing the mind, and aiding blood circulation.

60 minute IDR 700.000 ++

90 minute IDR 950.000 ++

*Cash tips are welcomed for our spa staff
20% government tax and 9% service charge will be added to your bill
Please note that massage offerings are subject to availability*



LIGHT TREATMENTS

Back Energy – Iron Out Tense Muscles

Iron out aches and tension in the back with this medium to strong pressure massage.

30 minute IDR 430.000 ++

Foot Loose – Sole to Soul

Massage technique focusing on pressure points in the feet. Provides relief and improves general health by relieving tension in important pressure points.

30 minute IDR 400.000 ++

60 minute IDR 600.000 ++

30 Minute Salt Body Scrub IDR 400.000 ++

30 Minute Milk Body Mask IDR 500.000 ++

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FACIAL TREATMENT

Simply Beauty – Skin Restoration

Begins with facial cleansing followed by a simple exfoliation to remove the impurities. Your therapist will gently massage your face utilizing the natural health properties of honey. Afterwards, a milk mask will be applied to moisten the skin.

60 minute IDR 750.000 ++

Clear Headed - Head & Face Massage

Clear your mind with this treatment to relax and remove fatigue caused by mental stress.

30 minute IDR 450.000 ++

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BODY TREATMENT PACKAGES

Telunas Body Ritual – Rejuvenate Your Body (2 hours)

Soften and brighten your skin through a milk body treatment. Milk will naturally nourish and moisten your skin. Aids in recovery from sunburn.

Includes:

Balinese Massage

Salt Body Scrub ..

Milk Body Mask .

IDR 1.400.000 ++

Mineral Body Treatment – Glowing And Smooth (1.5 hours)

Sea salt rich in trace minerals helps to exfoliate the top layers of dead skin. This is followed by a gentle long stroke massage that leaves your skin glowing and smooth.

Includes:

Salt body scrub

Aromatherapy massage

IDR 950.000 ++

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KIDS MASSAGE (5 -15 YEARS OLD)

A gentle gliding stroke is applied to the body with your choice of essential oils to loosen muscles.

Note: Kids massage is only available by advanced booking and is provided exclusively in the guest villas.

30 minute IDR 300.000 ++

60 minute IDR 550.000 ++

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