



## BODY MESSAGES

### **Telunas Massage – Restful Indulgence**

*Our signature massage to help guests transition to island life. Focusing on gentle long strokes and your body's pressure points to provide relaxation and renewed energy.*

### **Balinese Massage– Classic Flavour**

*Adapted from ancient Balinese techniques. This deep tissue massages relieve body tension and promote better sleeping patterns.*

### **Fusion Massage – Cuisine For The Soul**

*Blending Thai and Swedish massage techniques to soothe all aches. Unblocks stiffness and enhances flexibility.*

### **Aromatherapy Massage – Natural Soothing**

*A body massage with select natural oils. Helpful for rejuvenating the skin, relieving tension and stress, clearing the mind, and aiding blood circulation.*

**60 minute IDR 700.000 ++**

**90 minute IDR 950.000 ++**

*Cash tips are welcomed for our spa staff  
20% government tax and 9% service charge will be added to your bill  
Please note that massage offerings are subject to availability*



## LIGHT TREATMENTS

### **Back Energy – Iron Out Tense Muscles**

*Iron out aches and tension in the back with this medium to strong pressure massage.*

**30 minute IDR 430.000 ++**

### **Foot Loose – Sole to Soul**

*Massage technique focusing on pressure points in the feet. Provides relief and improves general health by relieving tension in important pressure points.*

**30 minute IDR 400.000 ++**

**60 minute IDR 600.000 ++**

**30 Minute Salt Body Scrub IDR 400.000 ++**

**30 Minute Milk Body Mask IDR 500.000 ++**

*Cash tips are welcomed for our spa staff  
20% government tax and 9% service charge will be added to your bill  
Please note that massage offerings are subject to availability*



## FACIAL TREATMENT

### **Simply Beauty – Skin Restoration**

*Begins with facial cleansing followed by a simple exfoliation to remove the impurities. Your therapist will gently massage your face utilizing the natural health properties of honey. Afterwards, a milk mask will be applied to moisten the skin.*

**60 minute IDR 750.000 ++**

### **Clear Headed - Head & Face Massage**

*Clear your mind with this treatment to relax and remove fatigue caused by mental stress.*

**30 minute IDR 450.000 ++**

*Cash tips are welcomed for our spa staff  
20% government tax and 9% service charge will be added to your bill  
Please note that massage offerings are subject to availability*



## BODY TREATMENT PACKAGES

### **Telunas Body Ritual – Rejuvenate Your Body (2 hours)**

*Soften and brighten your skin through a milk body treatment. Milk will naturally nourish and moisten your skin. Aids in recovery from sunburn.*

*Includes:*

*Balinese Massage*

*Salt Body Scrub ..*

*Milk Body Mask .*

**IDR 1.400.000 ++**

### **Mineral Body Treatment – Glowing And Smooth (1.5 hours)**

*Sea salt rich in trace minerals helps to exfoliate the top layers of dead skin. This is followed by a gentle long stroke massage that leaves your skin glowing and smooth.*

*Includes:*

*Salt body scrub*

*Aromatherapy massage*

**IDR 950.000 ++**

*Cash tips are welcomed for our spa staff  
20% government tax and 9% service charge will be added to your bill  
Please note that massage offerings are subject to availability*



## KIDS MASSAGE (5 -15 YEARS OLD)

*A gentle gliding stroke is applied to the body with your choice of essential oils to loosen muscles.*

*Note: Kids massage is only available by advanced booking and is provided exclusively in the guest villas.*

**30 minute IDR 300.000 ++**

**60 minute IDR 550.000 ++**

*Cash tips are welcomed for our spa staff  
20% government tax and 9% service charge will be added to your bill  
Please note that massage offerings are subject to availability*