TELUNAS
SPA
Spa Menu

The Telunas Spa Experience

Connect to the beat of the ocean waves lapping beneath your traditional open-air spa pavillion and savor tropical breezes while you enjoy a spa treatment with spectacular views.

Enjoy an exclusive selection of pampered experiences that will delight your senses and renew your body, mind and soul. Our unique overwater spa treatments will create an elevated state of rejuvenation and relaxation. A visit to the Telunas Spa will transform your visit into a luxurious and personal escape.

Our professional staff is passionate about providing services that combine the spectacular beauty of the overwater setting with new levels of well-being.

Body Massage

Telunas Massage - Restful Indulgence

Our signature massage will help you transition to island life. Indulge in full body renewal to nourish you from head-to-toe. The massage focuses on long gliding strokes and your body's pressure points to provide relaxation and revived energy

60 mins	*IDR 700,000 ++*
90 mins	*IDR 950,000 ++*

Balinese Massage - Local Flavor

Treat yourself to a traditional Balinese-style massage. Inspired by ancient Balinese techniques, this deep tissue massage relieves body tension and promotes better sleep.

60 mins	*IDR 700,000 ++*
90 mins	*IDR 950,000 ++*

Fusion Massage - Cuisine For The Soul

Indulge in a fusion massage that blends Thai and Swedish massage techniques together to soothe aches and stiffness. Also may improve flexibility.

60 mins	*IDR 700,000 ++*
90 mins	*IDR 950,000 ++*

Aromatherapy Massage - Natural Soothing

A body massage with select natural oils. Helpful for rejuvenating the skin, relieving tension and stress, clearing the mind, and aiding blood circulation.

60 mins	*IDR 700,000 ++*
90 mins	*IDR 950,000 ++*

Cash tips are welcomed for our spa staff. 20% government tax and 9% service charge will be added to your bill.
Massage offerings are subject to availability.

Light Treatments

Back Energy – Iron Out Tense Muscles

Our expert therapists ease your back tensions with a soothing massage with this medium to strong pressure massage.

30 mins *IDR 430,000 ++*

Foot Loose – Sole to Soul

Indulge yourself with this massage technique which focuses on pressure points in the feet. Provides relief and improves general health by relieving tension in important pressure points.

30 mins *IDR 400,000 ++*
60 mins *IDR 600,000 ++*

Salt Body Scrub

30 mins *IDR 400,000 ++*

Milk Body Mask

30 mins *IDR 500,000 ++*

Cash tips are welcomed for our spa staff. 20% government tax and 9% service charge will be added to your bill.
Massage offerings are subject to availability.

Facial Treatments

Simple Beauty - Skin Restoration

A specially designed deep cleansing, balancing, and purifying facial. Your therapist will gently massage your face utilizing honey, known for its natural health properties. Afterwards, a milk mask is applied to moisten the skin.

60 mins *IDR 750,000 ++*

Clear Headed - Head & Face Massage

Clear and focus your mind to quiet your stress and align with your best self. Relax and remove fatigue caused by mental stress.

30 mins *IDR 450,000 ++*

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Massage offerings are subject to availability.

Body Treatment Packages

Telunas Body Hydrator – Rejuvenate Your Body

The ultimate in healing and hydration. Includes a Balinese Massage, salt body scrub and milk body mask. Also aids in recovery from sunburn.

120 mins *IDR 1,400,000 ++*

Mineral Body Treatment – Glowing And Smooth

Sea salt rich in trace minerals helps to exfoliate the top layers of dead skin. This is followed by a gentle long stroke massage that leaves your skin glowing and smooth.
(Includes: Salt Body Scrub, Aromatherapy Massage)

90 mins *IDR 950,000 ++*

Cash tips are welcomed for our spa staff. 20% government tax and 9% service charge will be added to your bill.
Massage offerings are subject to availability.

Special Treatments

Mother-To-Be Massage

Enjoy a healthy way to reduce stress and promote overall wellness. This massage is especially designed to relax tense muscles, ease sore spots, and improve circulation and mobility in expectant mothers. ***For women beyond the first trimester of pregnancy and up to seven months only.***

60 mins *IDR 750,000 ++*

Children's Massage (5 -15 years old)

Children's massage is only available by advanced booking and is provided exclusively in the guest villas. Parent or guardian consent is needed for any minor to receive massage services.

30 mins *IDR 300,000 ++*
60 mins *IDR 550,000 ++*

We encourage you to book early as all spa services are subject to availability.

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Massage offerings are subject to availability.

TELUNAS

RESORTS

www.TelunasResorts.com